
2019 5K Run/Walk

Wednesday, June 12

(mail with check to APO 5k, 505 N Barber Ave, Polo, IL, 61064)

Name: _____

Address: _____

City/State/Zip: _____

Phone Number: _____ Email: _____

Date of Birth: _____ Age on 6/12/19: _____

Shirt Size: S M L XL

Male / Female

Please enter me in APO 5K Run/Walk. In consideration of the acceptance of my entry, I hereby for myself, my heirs, executors, administrators, and assignees, I do hereby release and discharge APO 5k Run/Walk and any other sponsors, supporters and property owners for all claims and damages, demands, actions whatsoever in any manner arising or a growing out of my participation in the APO 5K Run/Walk. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in the event.

Signature/signature of parent for children under 18

Date

Aplington Parent
Organization presents the

2019 5K Run/Walk

*All proceeds will benefit the students
of Aplington Middle School*

- Pre-register by mail or online
- Same-day registration at 5:00 PM behind Aplington Middle School
- Race starts and ends at Aplington Middle School, beginning at 6:00 PM
- Race will be held rain or shine
- All pre-registered runners and walkers will be guaranteed a shirt
- \$20 registration fee

Register online at:
<http://www.getmeregistered.com/AP05KRunWalk>

Awards will be presented to the overall male and female finishers.

Medals will be presented to the top finisher in the following age groups: 10 and under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

